

Pre-travel pre-consultation form							
Name:	DOB:	Gender:					
Contact phone number:	Usual GP:	Departure date for trip:					
Email: Do you have travel insurance for this trip? Does this cover: Healthcare overseas?							
Travel Plans Purpose of trip (choose all that apply) Vacation Education/research Adoption Visit friends or family Missionary/volunteer/humanitarian relief							
Activities Will you be visiting areas that are? Rural _ Yes _ No _ unsure Urba	n 🗌 Yes 🗌 N	lo 🗌 unsure Primitive or remote 🗌 Yes 🗌 No 🗌 unsure					
Will you be engaging in any of the following? (Choose all that apply) Safari Potential exposure to body fluids (e.g. tattooing) Adventure (e.g. climbing, skiing) Potential exposure to animals Diving Potentially having new sexual partners Ascending to high altitudes Hiring car/motorbike							
Accommodation (choose all that apply) Resort/large hotel Small hotel/guest house/B&B Dormitory/hostel Air-conditioned	 Up-scale camping/lodge Primitive camping Private home Cruise ship 						
Countries and cities in order of visit (continue over back of page if needed)							
Country	Arr	ival Departure					

Country	Arrival	Departure

Vaccination history

Have you had an adverse re	eaction to an imm	unisation? 📋 Yes 📋	No explain:	
Did you miss any childhood	immunisations?	Yes No which	ones?	
Have you received the follow				
	Yes	Date:	No	Unsure
Hepatitis A				
Hepatitis B				
Meningococcal				
Measles/Mumps/Rubella				
Polio				
Tetanus				
Typhoid				
Yellow Fever				
Japanese Encephalitis				
Influenza				
Other				

General health information

Do you have any allergies (foods, medicines)? 🗌 Yes 🗌 No 🛛 explain:	
Are you or your partner pregnant or intending to become pregnant? Yes No	
Are you breastfeeding? Yes No	

Please check health conditions & medications (including OTC) with health provider & ask for a print out to take with you